



Unlocking *your potential*



Confidence building course SQA in Self Awareness

Building
Confidence and
Self Esteem

For Parents
and Carers

Free
Course

Investing
in Yourself



Monday 19th January
09.30am - 11.30am
(term time only) 8 week course

Free Creche

Blackburn Partnership Centre

EH47 8EZ

To book a place or for more information contact Lorna at
lorna.mcaleer@westlothian.gov.uk or call or text 07385115183

westlothian.gov.uk/adultlearning



West Lothian
Council