



Unlocking your potential

Confidence building course SQA in Self Awareness

ADULT LEARNING
It's about you

Building
Confidence and
Self Esteem

Free
Course



For Parents
and Carers

Investing
in Yourself

Monday 19th January
09.30am - 11.30am
(term time only) 8 week course

Free Creche

Blackburn Partnership Centre

EH47 8EZ

To book a place or for more information contact Lorna at
lorna.mcaleer@westlothian.gov.uk or call or text 07385115183

westlothian.gov.uk/adultlearning



West Lothian
Council