



Unlocking

your potential



Get a qualification in volunteering SQA in self in work

Building
Confidence and
Self Esteem

For Parents
and Carers

Free
Course

Learn new
skills



Friday 16th January 2026

09.30am - 11.30am

(term time only) 10 week course

Whitburn Community Centre

Free creche provided for children aged 3 months to 5 years

To book a place or for more information contact Lorna at
lorna.mcaleer@westlothian.gov.uk or call or text 07385115183

westlothian.gov.uk/adultlearning



West Lothian
Council